



week 1

get started

1. What was the happiest moment in your life?
2. What does “blessed” mean? What kind of happiness do you think Jesus is talking about?

reflect

1. What is the difference between what the world says will make us happy and what Jesus says will make us happy?

dig

1. What Jesus taught was familiar to the people listening if they knew the Old Testament. Read Isaiah 61:1-2. How did Jesus fulfill these words from the prophet Isaiah?
2. Read Matthew 5:1-3. What did Jesus mean by the “poor in spirit”? What is the opposite of being poor in spirit? What are characteristics of those who are poor in spirit?
3. When Jesus declares that “theirs is the kingdom of heaven,” he is not talking about some future moment. He declares that they are citizens of God’s kingdom right now. What are the blessings and responsibilities of being a citizen in God’s kingdom now?
4. Are you a citizen of God’s kingdom? How are you living as a citizen of the kingdom today?

breakout

1. During the week read through the entire passage of the Sermon on the Mount carefully. As you spend more time reading, what other questions come to mind about what Jesus is teaching? How are you being challenged? How are you being encouraged?
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