



## get started

1. Describe a time when you mourned for (that is grieved or felt sorrow over) something or someone.

## reflect

On a scale of 1 to 10, how aware are you of your sin? How deeply do you feel the pain when you violate your relationship with God? Place an “X” on the line that most honestly represents your response.

UNAWARE 1 \_\_\_\_\_ 10 MOURNING

## dig

1. Read Matthew 5:1-4. Last week, we learned that being ‘poor in spirit’ means to acknowledge our spiritual poverty—our bankruptcy before God. Why would those who are poor in spirit feel a need to mourn?
2. What are some biblical examples of people who were sorry for their sin? Does your response to sin differ from theirs? How?
3. Read Psalm 51:3; 2 Corinthians 7:5-13. What does mourning over sin look like? How is it expressed? How does this differ from just “feeling bad?” How does mourning differ from being sorry for getting caught?
4. God wants us to mourn for the things that break His heart. Besides sin, what else breaks the heart of God? Check out James 1:27, Psalm 68:5,

## breakout

1. In response to our study today what things do you need to change? What action steps do you need to take?
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