



get started

What ways have you used salt today? Why is salt so critical to us?

What ways have you used light today? Why is light so critical to us?

reflect

How did you come to know Jesus Christ? Who did God use in your life? How did God stir a thirst in you because of them? How did their life shine and lead you to the Lord?

dig

1. Read Matthew 5:1-15. What is Jesus' key point in describing his followers as salt and light? Why does the world need people who are salt and light?
2. Salt could be diluted by impurities that made it worthless. What impurities can make inroads and affect one who claims to follow Jesus?
3. Jesus painted the absurd picture of lighting a lamp and then covering it. What might tempt a follower of Jesus to cover up his faith? How do people try to do that?
4. Read Matthew 5:16. What motives do Christ followers have for doing good?

breakout

What opportunities do you see to be salt and light this week? Take time to pray about those opportunities. Invite others to pray with you.
