



## get started

Happy New Year! What is one thing that you want to see God change in your life in 2015?

## reflect

What does this statement have to do with marriage? “Fire in the fireplace is great, but fire outside the fireplace is destructive.” What do the “fire” and the “fireplace” represent?

## dig

1. Read Matthew 5:27-30. Why did God prohibit adultery? Why is adultery wrong?
2. Was Jesus adding to the Ten Commandments in verse 28? What was He trying to clarify?
3. Define lust in your own words.
4. What is Jesus saying in verse 29-30?
5. Think about this contrast: fighting against lust vs. fighting for God’s plan for marriage. Is this an important distinction to make? Why?

## breakout

Pastor Karl challenged us with these two take-aways.

1. Purify the desires of the heart.
  2. Discipline the actions of the body.
- Write down some ways that you can accomplish those two things in the next week.
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