



get started

What is one thing you worry about? Has worrying ever fixed the issue?

reflect

Spend time discussing this statement: “proper priorities promote peace”

dig

Read Matthew 6:25. When Jesus says “therefore...” what is He referring to?

There is a phrase that repeats several times in this passage (v.25, 31, 34) What is that phrase? What does it mean?

Read Matthew 6:25-29. What types of things does Jesus tell us to “give no thought” to? Why do you think Jesus includes nature in order to teach us not to worry? What do these objects teach us about worry?

Read Matthew 6:30. Why do you think Jesus says “oh you of little faith?” How is faith related to worry? What does worry reveal about your faith?

Read Hebrews 11:1. How does this description of faith relate to these verses in Matthew?

How does Jesus conclude this section on worry in v. 33-34? What is the result of seeking 1st God’s kingdom?

breakout

What practical changes can you make in your life this week that will help you to seek God’s kingdom and righteousness?
