



## get started

Flip through the Sermon on the Mount that we have covered to this point. What teaching of Jesus have you been challenged by personally? How have you responded to that challenge?

## reflect

Compare these two sayings: “What is hateful to you, do not do to your neighbor” and “So whatever you wish that others would do to you, do also to them.”

How are they similar?

How are they different?

## dig

Read Matthew 7:12. How does the “Golden Rule” sum up Jesus’ call to his followers?

Read Matthew 7:13-14. What are the differences between the two ways?

How does the wide and easy way lead to destruction?

How does someone enter the narrow gate?

How does the narrow and hard way lead to life?

## breakout

Think about a situation you find yourself in right now. Maybe it is at home. Maybe it is at school or in the workplace. How does living out Matthew 7:12 impact those relationships?

Think about your spiritual journey. When did you enter in by the narrow gate, that is, begin following Jesus? How is the journey going? How can others support and encourage you? How can you encourage and support them?

---