

SABOTAGE

Discontent



get started

How discontent are you at this moment? What would make you more content?

reflect

Discuss these statements: Being discontent steals your joy. Being discontent creates isolation.

dig

Read Philippians 4:10-13

How do we learn contentment?

What is the secret to Paul learning contentment?

How does knowing this secret teach us contentment?

breakout

In what areas do you wish you were more content?

Do you believe the lie that just a little bit more will create contentment?

How does a Jesus-dependent life teach us contentment?