

# GREATER THAN pain



## get started

skinned knees, broken bones, bicycle crashes: describe a memorable time from your childhood when you got hurt.

## reflect

Discuss this quote, "I'd rather attempt to do something great and fail than attempt to do nothing and succeed."

## dig

Read Exodus 15:26. What is the name that God calls Himself?

In Hebrew, God is saying, "I am Jehovah Rapha...I am God the Healer." He heals us physically, emotionally and spiritually. Read the following verses and identify the healing the writer is asking for:

Psalm 147:3

2 Kings 20:1-5

Psalm 41:4

What are some ways that people can camouflage or ignore their pain?

Read 2 Corinthians 1:4. What does this verse say about our pain? About God? About the church?

## breakout

Share any pain and hurts that you are experiencing right now with your group. Pray for one another.