

Sons and Daughters: 1 Corinthians 14:1-40

November 5, 2017

Why is core training important for our physical bodies?

What happens to someone who only works out one part of their body? (i.e. a body builder who only does upper body)

Read 1 Corinthians 14

How might 1 Corinthians 14 relate to Core Training? What is Paul trying to communicate to this unhealthy church?

Read 1 Corinthians 14:26

Summarize what you think Paul is saying in this verse.

What are the two core training exercises that make a church healthy according to verse 26? (C+2)

If we are going to be a healthy balanced church then we (everyone who calls Community Church their home) need to find a place to GIVE and a place to GROW.

As you think about your passions and gifts where can you GIVE? Where can you GROW?

