

Philippians - Press On

June 10, 2018

Have you ever been in a race? What kind of race? What did you do to prepare? What did you carry with you in the race?

The picture Paul uses in Philippians 3:12-16 is that of a runner in a race. Read these verses. How hard is Paul running the race? What does that look like?

If we picture following Jesus through this life as running a race, what are those things that can slow us down? What do we need to do to press on?

In verse 17, Paul encourages the Christ-followers at Philippi to follow the example of positive role models. What examples have you had in your life who encouraged your race? Who have you been an example to?

What promises do you see in Philippians 3:20-21 that encourage you to press on and be bold?

*Following
Jesus
Together*